Are You Eligible?

Do you have a high school diploma or equivalent?

Are you interested in working in one of the following industries?

- Advanced Manufacturing
- Computer/Information Technology
- Healthcare

No High School Diploma?

We can help! Contact us to learn more about other services.

Interested in Other Industries?

Contact us to learn about other opportunities available to help you train for and find local jobs!

Not Sure if You're Eligible?

Contact us to find out!

Finger Lakes Hired addresses the needs of businesses and job seekers in the nine-county Finger Lakes region by bringing together workforce partners and community colleges to help prepare and place the long-term unemployed into local, in-demand jobs in the Advanced Manufacturing, Information Technology, and Health Care sectors.

Finger Lakes Hired is made possible by a \$5.2 Million US Department of Labor Ready to Work grant. This initiative is fully funded by federal money.

WorkKeys[®] is a registered trademark of ACT, Inc.

Finger Lakes Hired is an equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities.

Finger Lakes Hired

255 N. Goodman St. Rochester, NY 14607 Phone: 585.420.3204 adipalma@rochesterworks.org









Have You Been Out of Work for 6 Months or More?

Are You Back to Work, but Underemployed?

Finger Lakes Hired can help you train for and connect to local, in-demand jobs!

Let Finger Lakes Hired help you get back into the workforce!

One-on-One Counseling

Thanks to a new federal grant, your local career center now has a dedicated counselor who will give you the personal attention that you need to find a job!

Career Planning and Assessment

Receive guidance to choose an occupation that matches your interests, skills, and abilities.

The WorkKeys® assessment demonstrates to a business that you are ready to learn new job tasks.

Job Search Skills

Learn important strategies that lead to career success. Get help developing a résumé that gets results and learn to answer difficult interview questions.

Job Matching

We work with local businesses across the region in the Advanced Manufacturing, Computer/Information Technology, and Healthcare industries so we can help you connect to local opportunities!

All of our services are offered at no cost to you because they are paid for by a grant!

Build Your Job Skills

On-the-Job Training Grants

Earn while you learn with an on-the-job training grant and give a business an incentive to hire and train you!

Work Experience Tryouts

Gain exposure to new experiences in a real work environment at no cost to a business for two weeks. Most of these placements will result in a job offer!

Pre-Employment Classroom Training

Complete a degree or earn a certification in two years or less. All tuition, books, and required fees are paid by grants and scholarships. Finger Lakes Hired also includes income supports to cover your transportation and some of your other expenses if you qualify.

Job Search Support

Benefit from group job search support through the intensive, week-long Career Navigator or 5 Steps to Rapid Employment programs.

Finger Lakes Hired Partners

- RochesterWorks!
- Finger Lakes Works
- GLOW Works
- Finger Lakes Community College
- Genesee Community College
- Monroe Community College

Together we have over 10 years of experience!

Contact Us

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